

# What is the Grey-Bruce Community Help Line?

Navigating local health and social services can be confusing. To make this process easier, the Grey-Bruce Ontario Health Team (OHT) has launched a Community Help Line, designed to assist residents navigate local health and social care services available in our community.

#### How does it work?

When you call the Grey-Bruce Community Help Line at **1-844-806-3093**, a dedicated navigator will provide support and connect you to local health and social services in Grey-Bruce based on your individual needs.

### Help is just a call away.



Connect with a friendly navigator for support and personalized transfers to local health and social services.



Discover and access community programs and services more easily.



Specifically designed for individuals to find the resources or assistance they need.



Get connected to essential community supports Monday to Friday from 8 am to 8 pm.

\*Grey-Bruce Ontario Health Team is supported by funding from the Government of Ontario.

#### **COMMUNITY HELP LINE AVAILABILITY**

## **M-F, 8AM-8PM**

Including statutory holidays that fall within Monday to Friday. For more information visit **www.greybruceoht.ca.** 

#### **AFTER HOURS AVAILABILITY**

Outside 8AM to 8PM, callers can leave a message and expect a return call within 24-48 business hours. Alternatively, they can opt for a transfer to either 811 or 211.